



TRIBAL HEALTH INITIATIVE

Redefining Health

A Year Of
Meaningful
Milestones!

**ANNUAL
REPORT**
2024 - 2025



A Community Center For Excellence In Millets

We had always dreamt of being a Community Center for Excellence in millets and 2 years before, a thoughtful donor supported us for this. Millets are a miracle food, but the small farmer can only grow it, they have no access on how to process it, how to value add it and finally how to sell it. Now, SOFA (Sittilingi Organic Farmers Assn) has one such center, thought out carefully, completely women operated and solar powered. Redesigned efficient machines, factory simulated processing lines, value addition to get ready to cook and ready to eat products, nitrogen and vacuum packing etc. Many small farming groups now access this facility to learn and replicate, and the Government sends its agricultural officers to learn more about the center. It is a great asset for a tribal community and our farmers are proud of it.



A Global Stage For Our Tribal Artisans

Porgai, our artisans society crossed the seas and was invited to exhibit their exquisite art work in Freemantle, Perth, Australia this week for the IOTA (Indian Ocean Triennale Art festival). Lalitha along with two artisans - Vaideshwari and Thaikulam) and designer Anshu. Porgai's work is nationally recognised, but this was the first time the Lambadi women got international recognition. Their stall was inaugurated by the Indian Consul in Perth. There were art displays and stitching workshops (all sold out) and interaction with so many international art lovers. From 2 elderly women who just remembered the craft 15 years ago, to gracing international shores, a commendable progress.



Organisation Development For The NGO Sector

We ran a series of Organisation Development workshops for better teamwork and understanding our common goals. Corporates always place a lot of importance on team building, motivational workshops and work analyses. But we in the NGO sector, are so mired in the quicksand of work that we hardly pause for these. The 3-day workshops conducted by Barefoot Academy helped us to look into ourselves as persons and our relationship with the organisation and the work. These are so essential in helping us to get out of the humdrum of our work and relook at ourselves and our work from within and outside.



Nothing Wasted, Everything Gained

SOFA recently started a cattle feed unit. We generate a lot of “waste” – millet husk, oil cakes, ground nut husks etc, all which were left to compost. So the team decided to make use of it, so that even the “waste” can be used to generate income for the farmers. This was kindly sponsored by AID and a friend of Sittilingi. Now, not only are all the byproducts of the produce coming in utilised, we can also supply high grade, unadulterated organic cattle feed to the Women Groups, who are all in to raising milch animals.



Opening Doors Through Scholarships

That extra push: Every year SOFA gives student scholarships to farmers children – those who are going from 10th upwards and from 12th to college. This helps them to buy the extra books, clothes etc when they have to go to a hostel in the town or city. This year the scholarships were sponsored by Bindwel – a Mumbai based company. They sponsored 40 students providing Rs.10,000/- each. In crucial times, that extra push makes the difference.



Modern Healthcare For Remote Villages



Dreaming new dreams: The Kalvarayan Hills is about 1500 sq.km area and part of 2 districts – Salem and Kallakurichi. It has about 65000 population (last census) living in about 150 villages. The health situation is pathetic – Just 3 PHC's giving intermittent basic care and not a single other MBBS doctor. So, 40 % of our patients come from these hills seeking secondary care – the only other option is Salem which is about 80- 100km depending on which village you are from. We are building the first stage of our hospital – a fully fledged OP with all modern facilities and hopefully in the future replicate another Sittilingi. Those who would like to help us – please click https://pages.razorpay.com/pl_LHQiZIK8GQovLB/view to help us achieve this dream

Caring For Those Who Sustain Us

The news of one the most awarded farmer in Maharashtra committing suicide distressed our Farming Team. The small farmer in India is one of its treasures, but also one of its most neglected citizens – they provide us with sustenance, but we hold them in contempt. We in Sittilingi treasure them. The recently inducted 200 farmers from the Kathripatti Valley have all been welcomed into the health insurance system of Tribal Hospital. They pay Rs.200/year and SOFA pays Rs.300/year for a cashless treatment in Tribal Hospital. Research into farmer suicides have shown that catastrophic health expenditures have been one of the top reasons for farmer suicides. We respect the hands that feed us.



Plans For Next Year

- ▶ Kalvarayan OPD to start functioning
- ▶ Redesign community health programs to current needs
- ▶ Porgai to get into the art market
- ▶ Consolidate the 200 new organic farmers in the Kathripatti Valley

The THI Team

Our gratitude to FOS (Friends of Sittilingi), Azim Premji Foundation, AID – Assn for India Development, HCF – Human Capability Foundation, TEF – The Equal Foundation, AJWS, Bindwel, Indus Biotech, Paul Hamlyn Foundation and many others who had faith in our work. The past year had been an eventful one, especially the farmers, who value the improvements in their lives because of the new Millet Center. The artisans too walk with head held high after the international recognition they got. All this would not have been possible without the constant encouragement from all our supporters. Thank you dear friends, may the Great Spirit guide us all.

Travel Fellows Explore



THI - Abridged Financial Statements

BALANCE SHEET					
LIABILITIES (SOURCES)	2024-25			2023-24	
	SCH	LAKH	%	LAKH	%
Corpus/ Trust Fund	1	132.9	16%	132.9	16%
General Fund	2	615.5	73%	582.7	71%
Endowment Funds	3	100.0	12%	100.0	12%
Liabilities Total		848.4	100%	815.5	100%
ASSETS (APPLICATIONS)					
Cash & Bank Balances	4	155.0	18%	119.1	15%
Investments	5	142.1	17%	221.7	27%
Fixed Assets	6	526.4	62%	443.5	54%
Other Current Assets, Loans & Advances	7	25.0	3%	31.2	4%
Assets Total		848.4	100%	815.5	100%

RECEIPTS & PAYMENTS					
RECEIPTS	2024-25			2023-24	
	SCH	LAKH	%	LAKH	%
Opening Balances: Cash, Bank	8	354.76	39%	296.3	33%
Donations - Voluntary Contributions	9	70.1	8%	81.4	8%
Grants for Programmes	10	173.7	19%	290.3	29%
Self-generated Income (Net)	11	276.6	31%	282.0	28%
Any other Income	12	29.1	3%	17.7	2%
Receipts Total		904.1	100%	1001.5	100%
PAYMENTS	SCH	LAKH	%	LAKH	%
Programme(s) & Public Engagement	13	187.5	21%	262.9	26%
Management & Operational costs	14	318.0	35%	258.7	26%
Purchase/ Construction of major Fixed Assets	15	98.0	11%	125.2	12%
Investments	16	192.1	21%	221.7	22%
Advances to Suppliers & Staff	17	3.6	0%	13.9	1%
Closing Balances: Cash, Bank	18	105.0	12%	119.1	12%
Payments Total		904.1	100%	1,001.5	100%

BOARD OF TRUSTEES	
Dr Regi George	Managing Trustee
Dr Lalitha Regi	Trustee
Prof M Ravindran	Trustee
Dr Sara Bhattacharji	Trustee
Dr Sukanya Rangamani	Trustee
Dr. Guru Nagarajan	Trustee
Ms Radhika Ram Mohan	Trustee

TEAM THI	
Doctors	9
Nursing Staff	43
Admin Staff	10
Community Workers	6
Paramedical Staff	16
Support Staff	5

HOSPITAL		
	2023-'24	2024-'25
OP patients	32399	31908
In Patients	1462	1562
Surgeries	436	461
Deliveries	522	559

FARMING		
	2023-'24	2024-'25
Groups	70	70
SOFA members	700	700
Certification farmers	500	500
Women group members	465	485
SOFA turnover [in lakhs]	193.27	307.72

CRAFT		
	2023-'24	2024-'25
Members	70	105
Sales [lakhs]	77.60	110.46
Wages to artisans [lakhs]	31.70	42.59

INCOME & EXPENDITURE					
INCOME	2024-25			2023-24	
	SCH	LAKH	%	LAKH	%
Donations	19	70.05	11%	81.4	13%
Grants	20	173.7	28%	290.3	46%
Total Donations & Grants		243.8	39%	371.7	59%
SELF-GENERATED					
Activites which generate Net Income	21	343.43	55%	231.6	37%
Other Income	22	39.6	6%	26.2	4%
Total Self-generated		383.0	61%	257.8	41%
Total Income		626.8	100%	629.6	100%
EXPENDITURE	2024-25			2023-24	
	SCH	LAKH	%	LAKH	%
PROGRAMME(S)					
Hospital services	23	344	55%	332	56%
Community health	24	203.6	32%	179.8	30%
Organic farming support	25	13.5	2%	44.9	8%
Community Development	26	33.6	5%	38.2	6%
Total Programmes		594.8	95%	594.6	94%
Management: Operational & Misc costs	27		0%		0%
Total Expenditure		594.8	95%	594.6	94%
Funds available (or not), for development of services (Surplus/ Deficit)	28	32.1	5%	34.9	6%
		629.6	100%	629.6	100%

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APRIL'24 TO MARCH '25 OUT PATIENT			
	Paying	Free	Total
Patient	21537	7935	29472
Amount (Lakhs)	184	24	208
IN PATIENTS			
	Paying	Free/concession	Total
Patient	761	665	1426
Amount (Lakhs)	92	39	131
	Total		
	Paying	Free	Total
Patient	22298	8600	30898
Amount (Lakhs)	276	63	339
	Free %	19%	

SALARY BREAKUP-2024-2025			
	Gents	Ladies	Total
7000 - 15000	6	18	24
15000 - 30000	12	34	46
30000 - 50000	2	9	11
50000 - 100000	4	4	8
Total	24	65	89
All Staff have benefits of PF, Gratuity and free medical expenses			

- Board of Trustees meet twice yearly
- Working Committee of Staff meets every 2 months
- Full Staff meetings every month

Detailed audited accounts are available on request

Official Air Travel	1,31,162
Dr Regi yearly salary	90000/ mnth
Dr Laliitha yearly salary	99500/mnth
Highest Salary (senior doctor)	99500/mnth
Lowest Salary (fresh appointee)	7700/mnth

TRUSTWORTHINESS IN ALL OUR OPERATIONS

Credibility Alliance and Guide Star have accredited us for financial transparency and work culture

Main Auditor – Mr. Rajnikanth, Salem

Help Us In The Kalrayan Hills

The new Kalrayan Hills OPD work is underway and progressing well. This makes affordable quality health care to all tribals in the Kalrayan Hills (about 60,000), where the nearest similar care is 50km away. Support our effort by donating generously.

DONATE & SUPPORT

To know more about our new hospital in the Kalrayan and why we need it, visit

https://pages.razorpay.com/pl_LHQiZIK8CQovLB/view
or directly donate using this **QR code**.



About Us

Tribal Health Initiative started working in Sittilingi valley of Dharmapuri Dist of Tamil Nadu since 1993. We now have a Base Hospital which caters to more than 1 lakh people, most of whom are tribals. We also run a comprehensive development program for about 15,000 tribals who dwell in 25 settlements. We also work in the Kalrayan Hills in health.

Vision

That the people of Sittilingi Valley and Kalrayan Hills in Tamil Nadu lead a better quality of life keeping their traditions, customs and pride intact.

Registered

As a Public Charitable Trust No. 147/92,
Dindigul, Regd u/s 12A, 80G of the IT Act;
Regd. under FCRA to accept foreign donations

To Visit or Contact us

TRIBAL HEALTH INITIATIVE

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