

# JAMNALAL BAJAJ AWARDS 2023



# ANNUAL REPORT 2023 - 2024

“You can shake the world, gently”  
- Mahatma Gandhi



*TRIBAL  
HEALTH  
INITIATIVE*

Redefining Health

## A season for awards

Tribal Health Initiative was honoured to receive the Jamnalal Bajaj Award 2023 for Constructive Work from Shri D.Y. Chandrachud, Chief Justice of India in Mumbai. It was a year of National Awards for THI. We were also lucky to receive the Sitaram Jaipuria Award for Exemplary Leadership in Rural Medicine and Health Care in New Delhi and the Jeevan Rakshak Award in Udaipur. We are thankful to all our patrons who supported and believed in us for the last more than 30 years and the wonderful team that we have in Sittilingi for making this possible.



## The elixir of life

For the first time, patients at the Tribal Hospital will receive blood without having to wait for 7 hours or more for emergency transfusions. We now have a Blood Storage Center in the campus with stored blood of all groups 24/7. "The nearest Blood Bank was in Salem, 80 km away. The travel would be heartbreaking for us all but today, we are relieved." - *Nurse Prema*. "During deliveries, bleeding cannot be anticipated. With a blood storage unit at the hospital itself, we have reached a step ahead with the Right to Health for all". *Dr. Pravin, Gynaecologist*. THI has been on a consistent path for 30 years, ensuring affordable, accessible, and quality-driven healthcare services to tribal communities.

# RSP in architecture – The wonder called MUD

In a first, Sittilingi hosted a sensitization program for engineers and architects on the miracle called mud, long forgotten and often held in disdain. 27 young enthusiasts including professors, archaeologists and young engineers gathered for a 3-day workshop learning, seeing and doing stabilised mud blocks, mud concrete, how to use lime efficiently etc. Experts who had used this for more than 30 years like Krishna, Anu, Yogananda and Subash were the guides. We hope this will revive the interest in environmentally sustainable buildings and using local labour to pump money into the local economy.



## Vanavil – The new rainbow in Sittilingi

All who know of the fashion garment industry, know that there is a glass ceiling where only males dominate – the master tailor and cutting master. 44 women from our valley are ready to break this glass ceiling by being certified as master tailors and cutters in a 1 ½ year training program conducted by MasterG© from Delhi. This is the first time this is being done in South India and all received their certificates this year. In the meeting, they also decided to form a society called Vanavil (Rainbow) and also elected an Executive Committee. The long journey starts now – it is no easy task to break the domination in gender.



# SOFA declares a dividend

Kuppan (in pic) is happy - "I got 260 rupees as bonus from SOFA". He is a shareholder of the SOFA farmers producer company and has 10 shares worth Rs 1000/-. SOFA distributes its dividend in what is known as a "patronage bonus" system - which means your dividend will depend on how much organic produce you gave to the company to sell. This time there are farmers who got more than Rs 2500/- and farmers who got as little as Rs 50/-. The incentive here is that the more you give to SOFA, the larger will be your dividend - this is other than the premium prices SOFA offers for their produce. We hope this is a good model for all Farmer Producer Companies.



## Rural economics and the RBI

It is not everyday that the RBI (Reserve Bank of India) General Manager, drops in at a remote tribal village to meet our Women Group leaders, impressed by the thrift and enterprise of our women. They now have a joint revolving fund corpus of about Rs 1.5 Crores, built meticulously over the years through their savings and grants from individuals and organizations. They use the money to increase their incomes, mainly for purchase of milch animals and selling the milk to make money. RBI officials had a training session of digital banking methods, their use and misuse – and we are sure our women will take that additional step to mainstream their initiative. Building the economy, especially of women, sees significant improvement in health.



# Plans for the next year

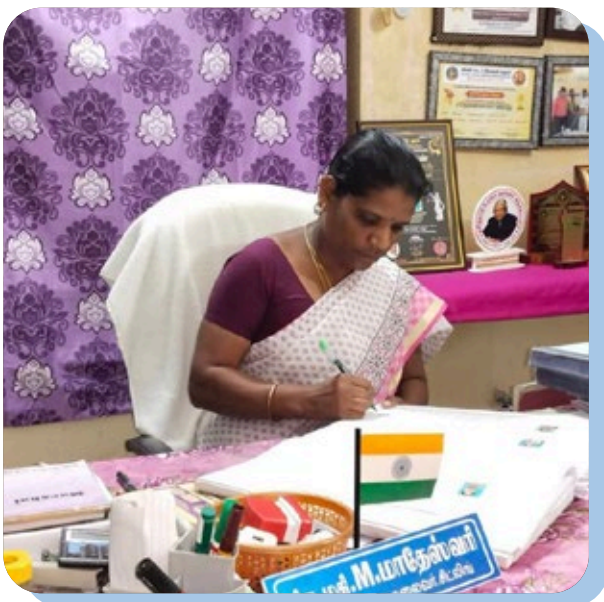
- Complete a full fledged OPD for the Kalrayan Hills
- Strengthen and improve Community Health interventions
- Enhance the new Community Center for excellence in Millets
- Improve Vanavil's order base
- Consolidate the learnings of Governance from the Panchayat

## In conclusion

This years several National Awards affirmed to us that the years of struggle and work were well worth it. The team and all those who supported us till now stand strong, never losing sight of why we are here for.

We are always grateful for the support from FOS (Friends of Sittilingi), Azim Premji Foundation, AID (Assn for India's Development), HCF (Human Capability Foundation), Paul Hamlyn Foundation, Thoughtworks, Indus Biotech, KVB (Karur Vysya bank) and many others who had faith in our work. We would not have been able to achieve this without you.

**“You are not obligated to complete the work,  
neither are you free to abandon it”  
-The Talmud**



This is the final year of our Panchayat President Ms. Madheswari Manjunathan. We have brought in more than 35 crores of development in the last 3 years (minus Covid years). There is water, roads and electricity in all 42 hamlets we worked in. An incorrupt transparent democratic system is in place and Sittilingi has become a model Panchayat in Tamil Nadu.

# THI - Abridged financial statements

## BALANCE SHEET

LIABILITIES (SOURCES)	2023-24			2022-23	
	SCH	LAKH	%	LAKH	%
Corpus/ Trust Fund	1	132.9	16%	132.5	18%
General Fund	2	582.7	71%	546.0	75%
Endowment Funds	3	100.0	12%	50.0	7%
<b>Liabilities Total</b>		<b>815.5</b>	<b>100%</b>	<b>728.5</b>	<b>100%</b>
ASSETS (APPLICATIONS)					
Cash & Bank Balances	4	119.1	15%	154.5	21%
Investments	5	221.7	27%	171.7	24%
Fixed Assets	6	443.5	54%	377.6	52%
Other Current Assets, Loans & Advances	7	31.2	4%	24.7	3%
<b>Assets Total</b>		<b>815.5</b>	<b>100%</b>	<b>728.5</b>	<b>100%</b>

## RECEIPTS & PAYMENTS

RECEIPTS	2023-24			2022-23	
	SCH	LAKH	%	LAKH	%
Opening Balances: Cash, Bank	8	330.1	33%	296.3	33%
Donations - Voluntary Contributions	9	81.4	8%	44.0	5%
Grants for Programmes	10	290.3	29%	241.5	27%
Self-generated Income (Net)	11	282.0	28%	297.0	33%
Any other Income	12	17.7	2%	11.9	1%
<b>Receipts Total</b>		<b>1001.5</b>	<b>100%</b>	<b>890.5</b>	<b>100%</b>
PAYMENTS	SCH	LAKH	%	LAKH	%
Programme(s) & Public Engagement	13	262.9	26%	251.0	28%
Management & Operational costs	14	258.7	26%	233.5	26%
Purchase/ Construction of major Fixed Assets	15	125.2	12%	75.9	9%
Investments	16	221.7	22%	171.7	19%
Advances to Suppliers & Staff	17	13.9	1%	3.9	0%
Closing Balances: Cash, Bank	18	119.1	12%	154.5	17%
<b>Payments Total</b>		<b>1,001.5</b>	<b>100%</b>	<b>890.5</b>	<b>100%</b>

## BOARD OF TRUSTEES

Dr Regi George	Managing Trustee
Dr Lalitha Regi	Trustee
Prof M Ravindran	Trustee
Dr Sara Bhattacharji	Trustee
Dr Sukanya Rangamani	Trustee
Dr. Guru Nagarajan	Trustee
Ms Radhika Ram Mohan	Trustee

## TEAM THI

Doctors	8
Nursing Staff	38
Admin Staff	10
Community Workers	6
Paramedical Staff	14
Support Staff	5

	2022-'23	2023-'24
OP patients	38678	32399
In Patients	1912	1462
Surgeries	520	436
Deliveries	776	522

## CRAFT

	2022-'23	2023-'24
Members	70	70
Sales [lakhs]	78.90	77.60
Wages to artisans [lakhs]	<b>29.68</b>	<b>31.70</b>

## SALARY BREAKUP-2023-2024

	Gents	Ladies	Total
6000 - 10000	2	5	7
10000 - 20000	16	35	51
20000 - 40000	4	12	16
40000 - 90000	4	3	7
<b>Total</b>	<b>26</b>	<b>55</b>	<b>81</b>

All Staff have benefits of PF, Gratuity and free medical expenses

## INCOME & EXPENDITURE

INCOME	2023-24			2022-23	
	SCH	LAKH	%	LAKH	%
Donations	19	81.4	13%	44.0	7%
Grants	20	290.3	46%	241.5	39%
<b>Total Donations &amp; Grants</b>		<b>371.7</b>	<b>59%</b>	<b>285.5</b>	<b>46%</b>
SELF-GENERATED					
Activities which generate Net Income	21	231.6	37%	297.0	48%
Other Income	22	26.2	4%	31.8	5%
<b>Total Self-generated</b>		<b>257.8</b>	<b>41%</b>	<b>328.8</b>	<b>54%</b>
<b>Total Income</b>		<b>629.6</b>	<b>100%</b>	<b>614.3</b>	<b>100%</b>
EXPENDITURE	2023-24			2022-23	
	SCH	LAKH	%	LAKH	%
PROGRAMME(S)					
Hospital services	23	331.7	56%	322.7	56%
Community health	24	179.8	30%	166.5	29%
Organic farming support	25	44.9	8%	68.4	12%
Community Development	26	38.2	6%	16.2	3%
<b>Total Programmes</b>		<b>594.6</b>	<b>100%</b>	<b>573.7</b>	<b>100%</b>
<b>Management: Operational &amp; Misc costs</b>	27		0%		15%
<b>Total Expenditure</b>		<b>594.6</b>	<b>94%</b>	<b>573.7</b>	<b>93%</b>
Funds available (or not), for development of services (Surplus/ Deficit)	28	34.9	6%	41	7%
		<b>629.6</b>		<b>614.3</b>	

## FARMING

	2023-24	2022-23
Groups	70	70
SOFA members	700	700
Certification farmers	500	500
Women group members	465	465
SOFA turnover {in lakhs}	<b>193.27</b>	<b>148.68</b>

## APRIL'23 TO MARCH '24 OUT PATIENT

	Paying	Free	Total
Patient	23835	8564	32,399
Amount (Lakhs)	122.0	27.0	149.0
IN PATIENTS			
	Paying	Free/ concession	Total
Patient	664	798	1,462
Amount (Lakhs)	108.0	40.2	148
	Total		
	Paying	Free	Total
Patient	24499	9362	33861
Amount (Lakhs)	230.0	67.2	297
	<b>Free %</b>	<b>23%</b>	

Official Air Travel	1,05,058.00
Paid to Dr. Regi George	9,76,375.00
Paid to Dr. Lalitha Regi	11,19,336.00
Highest Salary	93,278.00
Lowest Salary	7750.00

### TRUSTWORTHINESS IN ALL OUR OPERATIONS

Credibility Alliance and Guide Star have accredited us for financial transparency and work culture

**Main Auditor** – Mr. Rajnikanth, Salem  
**Financial Advisor** – Mr. Shivakumar K, Gandhigram

- Board of Trustees meet twice yearly
- Working Committee of Staff meets every 2 months
- Full Staff meetings every month

Detailed audited accounts are available on request

# Help Us In The Kalrayan Hills

The new Kalrayan Hills OPD work is underway and progressing well. This makes affordable quality health care to all tribals in the Kalrayan Hills (about 60,000), where the nearest similar care is 50km away. Support our effort by donating generously.

## DONATE & SUPPORT

To know more about our new hospital in the Kalrayan and why we need it, visit [https://pages.razorpay.com/pl\\_LHQiZIK8GQovLB/view](https://pages.razorpay.com/pl_LHQiZIK8GQovLB/view) or directly donate using this **QR code**.



## About Us

Tribal Health Initiative started working in Sittilingi valley of Dharmapuri Dist of Tamil Nadu since 1993. We now have a Base Hospital which caters to more than 1 lakh people, most of whom are tribals. We also run a comprehensive development program for about 15,000 tribals who dwell in 25 settlements. We also work in the Kalrayan Hills in health.

## Vision

That the people of Sittilingi Valley and Kalrayan Hills in Tamil Nadu lead a better quality of life keeping their traditions, customs and pride intact.

## Registered

As a Public Charitable Trust No. 147/92, Dindigul,  
Regd u/s 12A, 80G of the IT Act;  
Regd. under FCRA to accept foreign donations

To Visit or Contact us

## TRIBAL HEALTH INITIATIVE

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[www.tribalhealth.org](http://www.tribalhealth.org)



Tribal Health Initiative