



TRIBAL
HEALTH
INITIATIVE

ANNUAL REPORT

2018-19

“ If you cannot do great things,
do small things in a great way. ”

Napoleon Hill

EVERY MOTHER COUNTS

Last year we revamped our program for **Safe Delivery Initiative** so as to make quality care available to all pregnant tribal mothers, before and after delivery. This included **FREE** checkups during pregnancy – all medicines and lab tests free and a nominal amount for scans. If they do choose to come to Tribal Hospital, then deliveries are charged just Rs.1000/- and Caesarian operations Rs.5000/-. The babies born here also get all new born care free, however serious they are and 3 years of free health care in our hospital. There has been a tremendous response to this – each Out-Patient day we see 30 – 40 pregnant mothers and our deliveries have increase 25% over the year [see table on page 6]. Along with this our Nurse Health Workers go daily to see pregnant mothers in the villages to advise them and also see that their children are nutritionally balanced. This two-pronged intervention is sure to make a change in our valley soon.

Tribal Hospital has been seeing an increasing number of patients coming in to access the cost-effective quality services. This increasing number made us feel that the quality of our interactions would suffer and it would be the docile tribals who would bear the brunt. So, this year we introduced an “Appointment System” – we limited to seeing only 40 non-tribals every OP day, and this too by appointment over phone. We still see 220 – 250 patients every day – but these are mostly the tribals who can walk in anytime, no appointments for them.

We are revamping our whole Community Health Program starting with a resurvey of the area. The School Health Program is now in 7 schools, but we have shifted to the Sittilingi valley instead of the KalrayanHills , where we did the program for the last 6 years. The OP in the Kalrayan Hills once a week is packed – we need 2 doctors there instead of one to manage the crowd. The Old Age Health Scheme and the Farmers Health insurance is going on well.



REVAMPING
OUR WHOLE
COMMUNITY
HEALTH
PROGRAM



**3 YEAR
FUTURE
PLANNING
SESSION**

REFLECTING AND TAKING STOCK

We celebrated our 25th anniversary differently. An external evaluation was done by Dr. Mani Kalliath, Public Health Specialist, who had evaluated us in our 10th year, and so there was a continuity. Many things were appreciated, many interventions need to be rethought and reprogrammed. To reflect on this, we did a 3-year future planning session – all Staff took turns over 4 days to give their inputs in a Retreat Center in Yercaud. The exercise was worth it and we have come back rejuvenated and focused for the next 3 years.

FROM INFANT STEPS TO STATE AWARDS

Our farming initiative SOFA was adjudged the best Farmers Collective in Tamil Nadu by CNN-IBN this year. From small hesitant steps to receiving awards was indeed a great step for our farmers – all with small land holdings and most doing rain fed sustenance agriculture. They were ecstatic, to rub shoulders with film stars and to be televised!!

But that's not all that the farmers have to rejoice about. There is a new Organic Production Center funded by AID, which has centralized production and storage – solar powered, so that production is uninterrupted. Another new venture they have got involved is the Family Benefit Scheme – each farmer pays Rs100/- per year for cover of Rs.50000/- , to be given to the family on the event of their untimely death. Ingenuity and the strength of being a strong collective. We also gave 50 students an educational scholarship of Rs.5000/- for those who had to leave the valley for either a high school or college. The women groups keep on taking and returning loans, buying cattle goats, poultry and increasing their income sources – and building up a good credit score in the meantime. We have also started water conservation work so that we are ready for the next monsoon and the farmers have enough water.

**BEST
FARMERS
COLLECTIVE**
in Tamil Nadu by
CNN-IBN this year





**PANCHAYAT
BY THE
PEOPLE, FOR
THE PEOPLE**

PANCHAYATI RAJ


For the past 25 years, successive Panchayats have been ineffective and corrupt and those few who get benefits use illegitimate means. The poor, as usual are abandoned to their fate. This being Gandhiji's 150th anniversary, our new direction is to strengthen the Panchayati Raj system in the valley. We had several trainings by experts and we ourselves did several village meetings. On Jan 26th – the Gram Sabha was packed with more than 400 citizens, all bristling with the knowledge that they could ask questions and the Government had to answer. As expected, the officials sabotaged the meeting without even presenting the accounts. We will continue this strategy till we have a Panchayat by the people, for the people.

NEEDLECRAFT MAGIC

Our artisans and tailors continue stitching poetry on cloth – their exhibitions in Chennai, Bangalore and Pune have been bringing in a steady stream of money. Most of these families would have migrated to cities for menial work, had they not had this opportunity of going back to their traditional craft. With a turnover of Rs.48 lakhs, they are finally standing on their feet.



**STITCHING
POETRY
ON CLOTH**



SENSITISATION PROGRAM FOR YOUNG DOCTORS

BUILDING THE FUTURE OF RURAL HEALTH

This year we continued the Rural Sensitization camps for medical students and young doctors. We planned for 2 camps – but had enough applications for 4 camps – so we did 3 of them. There is demand for a longer exposure to rural health from the participants and we are seriously planning a one-year Fellowship program for young doctors.

PLANS FOR NEXT YEAR

- Revamp the Community Health program
- Financial inclusion program for the tribal community – banking solutions
- Awareness of Panchayati Raj and self-governance in the valley
- Stop rainwater from leaving the valley
- Travel fellowship program for young doctors

We were supported this year by **FOS** [Friends of Sittilingi], **AID** [Assn for India Development], **Indus Biotech**, **Welbound Impel**, **FIS Global Business Solutions**, **JSS** [Jai Shiv Shakthi Trust], **NABARD** and so many of you. Thank you, dear friends and well-wishers, we hope you are with us always...

BOARD OF TRUSTEES		TEAM THI	
Dr Regi George	Managing Trustee	Doctors	7
Dr Lalitha RegiProf	Trustee	Nursing Staff	30
M Ravindran	Trustee	Admin Staff	7
Dr Sara Bhattacharji	Trustee	Community Workers	4
Dr Sukanya Rangamani	Trustee	Paramedical Staff	7
Dr Guru Nagarajan	Trustee	Health Auxiliaries	25
Ms Radhika Ram Mohan	Trustee		

SALARY BREAKUP			
	Gents	Ladies	Total
6000 - 10000	6	15	21
10000 - 15000	3	10	13
15000 - 30000	3	8	11
30000 - 65000	3	1	4
Total	15	34	49
All Staff have benefits of PF, Gratuity and free medical expenses			

Air Travel	Rs
International Air Travel	87,146/-
Domestic Travel	53,765/-

BALANCE SHEET				
	2018-19		2017-18	
Assets				
Fixed Assets	36664111	54%	33690331	60%
Capital Fund	12237005	18%	9932044	18%
Deposits & Advance	15601882	23%	15601882	20%
Cash & Bank Balance	3533766	5%	1316858	2%
Total	68036764	100%	56463346	100%
Liabilities				
Capital Grant	58143357	85%	51044415	90%
Corpus Fund	4088110	6%	3810810	7%
Capital Fund	805297	1%	1176622	2%
Endowment Fund	5000000	7%	0	0%
Others	0	0%	431498	1%
Total	68036764	100%	56463346	100%

"Hospital Finances" April '18 to March '19 Out Patient			
	Paying	Free	Total
Patient	31257	10030	41287
Amount	7282948	682334	7965282
	In Patients		
	Paying	Free/ concession	Total
Patient	953	752	1705
Amount	7521788	3749930	11271718
	Total		
	Paying	Free	Total
Patient	32210	10782	42992
Amount	14804736	4432264	19237000
	Free %	23%	

INCOME AND EXPENDITURE				
Income	2018-19		2017-18	
Hospital Income	14804736	37%	20273789	60%
Interest	764906	2%	846809	12%
Indian Sources	16394677	41%	7969190	24%
Others	1137171	3%	614341	2%
International Sources	6697164	17%	4191086	12%
Total	39798654	100%	33895215	100%
Liabilities				
			2017-18	
Programme Expenses	11881628	30%	6451020	19%
Meetings & Travel	2211997	6%	372589	1%
Admin Expenses	1392402	3%	1302901	4%
Hospital Expenses	15966240	40%	17488749	52%
Depreciation	3923732	10%	3542386	10%
Excess of Income over Expenditure	4422655	11%	4737571	14%
Total	39798654	100%	33895215	100%

	2017-18	2017-19
OP patients	35775	41287
In Patients	1790	1705
Surgeries	829	793
Deliveries	369	480

FARMING		
	2017-18	2017-19
Groups	68	70
SOFA members	500	500
Certification farmers	500	500
SOFA income [in lakhs]	74.12	84.55

CRAFT		
	2017-18	2017-19
Members	60	60
Sales	43.78	47.69
Wages to artisans	19.21	17.64

AUTHENTICITY IN ALL OUR WORK

We are accredited by Credibility Alliance for financial transparency and work culture

- Board of Trustees meet twice yearly
- Executive Committee meets for emergency decisions
- Working Committee of Staff meets every 2 months
- Full Staff meetings every month

Detailed audited accounts are available on request

Main Auditor -Mr. K Shivakumar, Gandhigram
Internal Auditor - Mr. Rajnikanth, Salem

BANKERS



Salem, Thumbal



Salaries of Rs. 7.5 lakhs each were paid to Trustees **Dr. Regi and Dr. Lalitha as doctors**

HIGHEST SALARY:
Rs.62,900/- [senior doctor]
LOWEST SALARY:
Rs. 6375/- [fresh appointee]



VISION

That the people of Sittilingi Valley and Kalrayan Hills in Tamil Nadu lead a better quality of life keeping their traditions, customs and pride intact.



ABOUT US

Tribal Health Initiative started working in Sittilingi valley of Dharmapuri Dist of Tamil Nadu since 1993. We now have a Base Hospital which caters to more than 1 lakh people, most of whom are tribals. We also run a comprehensive development program for about 15,000 tribals who dwell in 25 settlements. We also work in the Kalrayan Hills in health.

Registered as a Public Charitable Trust No 147/92, Dindigul
Regd u/s 12A, 80G of the IT Act; Regd under FCRA to accept foreign donations.

VANGUARDS OF SILENT CHANGE



THE INSPIRATION

Meet Kaliyammal, a member of one of our Women's Self Help Groups. She took loans from the internal saving system of her group and bought chicken and goats with it, so she could earn her own money and be more independent. She also grows tomatoes, millets and turmeric which she sells to the Organic Farmers Society. She is happy because her income is good and she will be able to afford to send her child to a good school to study!

Kaliyammal is also one of our Health Auxiliaries – she is raising awareness about health and offers advice on birthing practices, hygiene, nutrition and simple ailments. She keeps records on all major important health related events in her village and acts as a facilitator for all community development work. These are the women that are bringing in a silent change in Sittilingi.

To Visit or Contact us

TRIBAL HEALTH INITIATIVE

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FB: Tribal Health Initiative

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